
RNB DANCE & THEATRE ARTS SOCIETY



COVID-19 Protocol & Safety Plan

October 14, 2020

3355 Mountain Hwy
North Vancouver, BC
V7K 2H4

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Understanding The Risk

The virus that causes COVID-19 spreads in several ways, including through droplets when a person coughs or sneezes, and from touching a contaminated surface before touching the face.

- The risk of person-to-person transmission is increased the closer you come to other people, the amount of time you spend near them, and the number of people you come near. Physical distancing measures help mitigate this risk.
- The risk of surface transmission is increased when many people contact same surface, and when those contacts happen in short intervals of time. Effective cleaning and hygiene practices help mitigate this risk.
- COVID-19 virus has a very low infection rate in children. In B.C., less than 1% of children and youth tested have been COVID-19 positive. Most children are not at high risk for COVID-19 infection.
- The virus can cause a range of symptoms, ranging from mild illness to pneumonia. Symptoms of the disease are fever, cough, sore throat and headaches.

General Prevention

- Always be aware of physical distancing.
 - Refrain from touching face and/or eyes.
 - Frequently washing hands with soap, minimum 20 seconds.
 - Cough and sneeze into your elbow.
 - Replace physical greetings with a smile!
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Policies In Place

- RNB's cleaning company (*JaniKing*) provided a deep clean and disinfect of the building prior to our re-opening July 6th, 2020. JaniKing continues to clean both our locations every Tuesday, Thursday and Saturday on an on-going basis.
 - RNB has a limit on the number of people in our studio at any one time, and we have implemented protocols to keep everyone at least 2 metres from each other as much as possible. Please use the social distancing floor stickers when entering the building, waiting for the bathrooms and in the lobby.
 - Signage will be posted throughout both locations as a reminder of the Provincial Health and Safety precautions.
 - RNB will call, email or video-conference parents and caregivers, they should not enter the studio.
 - Between smaller groups that are entering and exiting the building we will whenever possible open windows and doors for good ventilation and air exchange.
 - General cleaning and disinfecting of all studios will occur at least once a day. Frequently touched surfaces will be cleaned and disinfected at least twice a day. These include doorknobs, light switches, faucet handles, tables, counters and electronic devices.
 - Mats and equipment will not be shared and will be disinfected after each use.
 - Staff will minimize the frequency of direct physical contact with students and encourage children to minimize physical contact with each other.
 - Each location will have a visible cleaning/disinfecting checklist for staff to fill out daily.
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- Teachers, children, parents, and caregivers must not enter RNB if they have symptoms of COVID-19, have travelled outside of Canada in the last 14 days or have been identified by public health as a close contact of a person with a confirmed case of COVID-19.
 - All dancers and staff 7+yrs must wear a mask while entering/exiting RNB, in the lobby and in the restrooms. We strongly suggest that they also wear them during class time.
 - There is no role for screening children or staff for specific symptoms, checking temperatures, or COVID-19 testing. Such activities are reserved for health care professionals.
 - Parents and caregivers are required to assess their children daily for the presence of symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease prior to drop off. Parents and caregivers must keep their children at home until they have been assessed by a health care provider to exclude COVID-19 or any other infectious diseases, and their symptoms have been resolved.
 - At the time of registration, as a parent, you will be asked to sign a waiver to agree that daily screening of your child has been completed. If this form has not been completed the dancer will not be given access into the building.
 - Please e-mail the RNB Office (info@rnbdance.ca) if your child has allergies so we may document this.
 - Staff will be expected to e-mail the Principal/Vice-Principal of RNB Dance every night before returning to the studio the following day to confirm their health.
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Policies Within The Studio (3355 Mountain Hwy & 1233 Lynn Valley Road)

- Entrances at both locations will remain locked. Everyone entering the studio will wait to be greeted by an RNB staff member who will then spray your hands with hand sanitizer upon entry and make sure you have your mask (over 7yrs). Hand sanitizing stations are set up at all entry points.
- In the change rooms and lounges social distancing floor stickers must be used, when possible arrive changed and ready to dance. Please do not arrive more than 10minutes early for class when possible.
- Belongings may be left in a cubby on the shelf not in the changing rooms. RNB will have every second cubby available for use to help with social distancing. Couches and seating will not be available.
- The microwaves, fridges and kitchen will not be available at this time.
- Dancers will all have allocated spots on the dance floor to follow social distancing regulations.
- Across the floor movement will NOT be continuous, following in the same air strip line and we require dancers to be 4ft apart as they travel across the floor together. There will be 6ft markings provided on the Ballet barres.
- Dancers to bring their own labelled water bottle.
- There will be no lost and found collection, dancers must take all dance bags/ belongings home daily.
- Dancers are advised to not share personal items or snacks.

Management Of Staff/Students With Possible COVID-19 Symptoms

To prevent transmission, if a student/child or staff member who is self-monitoring begins to experience symptoms of COVID-19 while attending the studio, it is recommended that:

- Staff will promptly separate students/staff who show symptoms of COVID-19 from others in a supervised area until they can go home.
 - Hand hygiene and respiratory etiquette are practiced while the ill person is waiting to be picked up. Tissues will be provided for the student to ensure
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their use with respiratory etiquette. Proper disposal of the tissue and hand hygiene will be performed after coughing or sneezing. Environmental cleaning of the space the student was separated too will be conducted once they have been picked up by their parent or caregiver.

- We have protocols in place to notify parents/guardians if their child begins to show symptoms of COVID-19 while at RNB including the need for immediate pick up. At that time we will contact the Public Health Association for further recommendations.

The RNB Dance Staff and Directors recognize the importance to help prevent the spread of COVID-19 in the workplace and community. Health and Safety are of utmost priority.

Helpful links below...

- World Health Organization www.who.int
- BC Centre For Disease Control www.bccbc.ca
- Health Authority Of British Columbia www2.gov.bc.ca
- Government Of Canada www.canada.ca